

Caregiver Respite Resources

No Referral Needed:

Resource Name	Address	Phone Number	Website	Hours of Operation	What specific resources/ programs are provided?	What does the intake process consist of?	Who specifically qualifies for this program and / or resources?	What are Accepted insurances. Do you provide payment plans / financial assistance and who would qualify?	What is the completion process or any post care follow up.
Caregiver Action Network	nationwide, no local offices	855-227-3640	www.caregiveraction.org	Central time Mon - Fri 7 a.m. to 6 a.m. not on weekends but will return calls from voicemail on Monday	Connect anonymously with other family caregivers in the Care Community to receive advice: referrals for support groups, therapy, information	Email or visit website for more information: they are on Facebook and Instagram	Anyone that is a caregiver or care recipient	Information services are free. Agency only offers referrals, fees may apply from these outside agencies	Completion process depends on treatment goals
Coaching into Care (VA)	nationwide, no local offices	1-888-823-7458	www.mirecc.va.gov/coaching	Mon - Fri 8 a.m. to 8 p.m.	Works through the VA - Educate, Support, and empower family and friends who are seeking care or services for a Veteran; also offer help to get veteran needed treatment for AUD/SUD & mental health	Call the listed number or visit website for more information	Anyone who is seeking assistance with a Veteran	Information services are free, may be a fee depending on chosen facility	Completion process depends on treatment goals
VA Caregiver Support	nationwide, no local offices	1-855-260-3274	www.caregiver.va.gov	Mon - Fri 8 a.m. to 10 p.m. Sat 8 a.m. to 5 p.m.	Caregiver Support Line, Peer Support Mentoring, Building Better Caregiver service, Care for post 9/11 Veterans, referrals	Visit website or call for more information based on your need	Any caregivers of veterans and veterans	Information services are free, may be a fee from outside agencies	Completion process depends on treatment goals
Leeza's Care Connection in SC	201 St. Andrews Road Columbia, SC, 29210	803-888-7525 or 803-834-7694	www.leezascareconnection.org	Mon-Fri 9am-4pm	Caregiver support programs / groups	Visit website or call to find support group locations / times	Any caregivers	Free	Contact for more information
Family Caregiver Support Program (Central Midlands Council of Governments)	236 Stoneridge Drive, Columbia, SC, 29210	803-376-5390	centralmidlands.org	online support service 24hours	Adult day care services, Insurance counseling, Legal Assistance, Transportation, Home Care, Home Delivered Meals, Caregiver Respite, Family Support Programs	Call 803-376-5390 or visit adrcmidlands.org website	SC residents 55 yoa or older	Free	Contact for more information
SC Respite Coalition	PO Box 493 Columbia, SC, 29202	(803) 935-5027	http://www.screstitecoalition.org	Mon-Fri 8:30 a.m - 5:00 p.m	Caregiver Support by giving the caregiver breaks	Contact facility via email or phone	Any continuous caregivers	Free	Contact for more information

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Family Caregiver Support Program (Central Midlands Council of Governments)	236 Stoneridge Drive, Columbia, SC, 29210	803-376-5390	centralmidlands.org	24 hours a day	Adult day care services, Insurance counseling, Legal Assistance, Transportation, Home Care, Home Delivered Meals, Caregiver Respite, Family Support Programs	Call 803-376-5390 or visit adrcmidlands.org website	SC residents 55 yoa or older	Free	call for more information
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