



December 2022

# Big Wins for Uplift from Lexington Medical Center Foundation!

- Colonial Life recently awarded Uplift Lexington County a \$20,000 grant to expand mental health related services and support infrastructure to host a communications and resource guide platform for the project.
- The Nord Family Foundation remained committed with support for additional expansion of project needs associated with the design, development, and marketing of our website and needs associated with our Policies and Procedures Report.
- Lexington Medical Center and the Foundation have renewed the commitment to suicide prevention/intervention training for all primary care practice staff, which will include deployment of the Uplift Resource Guide upon completion



## **Community Paramedic**

- Uplift has had a total of 10 patients. Three are still active open cases: one has died and six have been resolved and closed.
- All patients were referred from law, FIRE, LMCER and EMS

Follow us on Social Media

Uplift Lexington County



Batesburg/Leesville Holiday Pop-Up Event

### Holiday Mental Health Pop-Up

As a follow up to earlier events this year, Uplift Lexington County is hosting our "Holiday Pop-Up Mental Health Events." Holidays are not always happy for everyone. These pop-up events are a space for the community to talk or vent about their every day or large struggles that take a toll on their wellbeing. In hopes of reducing their stress by creating conversations around a personalized, and impactful mental health conversation. If resources are needed. they will be provided with a customized resource list or if they just want to vent, we will have professionals waiting to be that listening ear. The event will prioritize mental wellbeing and aim to give the community the awareness and tools to take care of themselves and others around them.

#### **Secured Locations:**

- Store 4420 (Church St.) Tuesday, December 6th
- Store 1183 (Augusta Rd.) Thursday, December 15th
- Store 4521 (S Lake Dr.) Tuesday, December 20th



## Partnership Engagement

From November 2021 to September 2022 (4 meetings)

- Total Attendees: 78
- Number of Partners: 31
- New Partners Since Launch: 7
- Partners who have attended 2 or more meetings: 24

% Of Partner Engagement: 77%

# Expansion of Social Work Program

Serve and Connect, under the direction and guidance of our Program Manager, Macey, has expanded the social work internship program. This expansion includes a partnership with Benedict College!



Do you have Feedback? Please let us know how we are doing!



## Subcommittee Update

- Resource Guide Goal was to create an online platform.
  - We secured funding to pay for a landing page to house the resource guide.
- 2. First Responder/Healthcare Worker Support Goal was to do an event for healthcare workers and first responders around being healthy or staying active.
  - Planned Kickball Fiasco for first responders, healthcare workers and their families to engage in a fun day staying active and spending time with their families. Scheduled for January 2023
- 3. Youth-Expand 988 information to school within Lexington County
  - Reached out to over 130 guidance counselors, school psychologists, school social workers, principals
  - All 5 districts in Lexington County
    - Elementary/Primary schools: 38
    - Middle/intermediate: 20
    - High:13
    - Other: 5 (arts, technology, private schools)























