

Eldercare Resources

No Referral Needed:

Resource Name	Address	Phone Number	Website	Hours of Operation	What specific resources/ programs are provided?	What does the intake process consist of?	Who specifically qualifies for this program and / or resources?	What are Accepted insurances. Do you provide payment plans / financial assistance and who would qualify?	What is the completion process or any post care follow up.
Premier Counseling	6080 Asheville Hwy, Hendersonville, NC 28791	(803)821-8333	www.premiercounselingllc.org	Mon-Fri 9am-6pm	Cognitive screenings, bereavement groups, psychiatric crisis response, in-services and workshops Ongoing therapy for anxiety, phases of life, grief and loss, depression, psychosis, adjustment disorder, bipolar disorder, schizoaffective disorder, dementia with behavioral disturbances, and medication management regimen of psychotropic medications	Contact 803-821-8333 or fill out contact form on website	Seniors 65 yoa or older living in assisted living communities, independent living communities, and in senior homes	Medicare, Humana, UnitedHealthcare, Cigna, BCBS, Aetna, Tricare, Medicaid	Contact for more information
All About Seniors-Resource & Referral Directory of the Midlands	2764 Pleasant Road, Suite #11111 Fort Mill, South Carolina	704.366.1410 Direct: 803.315.7846	https://www.allaboutsensors.org/	Mon-Fri 8 a.m- 5:30 p.m	Referrals for Senior Resources	Contact facility by phone or email	Seniors	Free	Contact for more information
Central Midlands Council of Governments Area Agency on Aging	236 Stoneridge Dr, Columbia, SC 29210	(803)376-5390 or toll free 1-866-394-4166	https://centralmidlands.org/about/aging-services-2.html	Mon-Fri 9am-5pm	In-Home Services: meal delivery, home care. Legal assistance, insurance counseling, adult day care services, health and wellness, referrals, transportation, nutrition education	Call 866-394-4166	Elderly	Free	Call for more information on the follow ups
Irmo Chapin Recreation and Aging Commission (Council on Aging) Crooked Creek Park	1098 Old Lexington Hwy, Chapin, SC	(803)345-6181	www.icrc.net/activities	Mon-Fri 9am-7pm	Information regarding programs for athletics, health and wellness, education, senior services, after school programs, therapeutic recreation, summer camps and special events	View the ICRC activity guide on the website	Anyone	Free	Contact for more information
Irmo Chapin Recreation and Aging Commission (Council on Aging) Seven Oaks Park	200 Leisure Ln, Columbia, SC 29210	(803)772-3336	www.icrc.net/activities	Mon-Fri 9am-7pm	Information regarding programs for athletics, health and wellness, education, senior services, after school programs, therapeutic recreation, summer camps and special events	View the ICRC activity guide on the website	Anyone	Free	Contact for more information

Lexington County Recreation and Aging Commission (Council on Aging)	125 Parker St. Lexington, SC 29072	(803)-356-5111	www.lcrac.com/seniors	Mon-Fri 9am-7pm	Meals on Wheels, Home Care, Legal Aid, Medical Escort, Medi-Loan Closet, Nutrition Sites	Call 803-356-5111	Seniors 60 yoa or older	Free	If you have any questions about our Aging Department please contact us at: (803) 356-5111
SC Department on Aging	1301 Gervais Street, Suite 350 Columbia, SC 29201	(803)734-9900 or 1-(800)868-9095 (toll-free)	https://aging.sc.gov/about	Mon-Fri 9am-7pm	Resources for legal assistance, family support, employment, senior centers, prevention and health promotion, insurance fraud, long term care, adult guardian ad litem	1-800-868-9095 or check website for resources	seniors	Free	Contact for more information
Referral Needed:									
Premier Counseling	310 ROSS Rd Ste 14G, COLUMBIA, SC 29223	(803)821-8333	www.premiercounselingllc.org	Mon-Fri 8:30 a.m - 5:00 p.m	Cognitive screenings, bereavement groups, psychiatric crisis response, in-services and workshops Ongoing therapy for anxiety, phases of life, grief and loss, depression, psychosis, adjustment disorder, bipolar disorder, schizoaffective disorder, dementia with behavioral disturbances, and medication management regimen of psychotropic medications	Contact 803-821-8333 or fill out contact form on website	Seniors 65 yoa or older living in assisted living communities, independent living communities, and in senior homes	Medicare, Humana, UnitedHealthcare, Cigna, BCBS, Aetna, Tricare, Medicaid	call for more information
All About Seniors-Resource & Referral Directory of the Midlands	24 hours of the day	704.366.1410 Direct: 803.315.7846	https://www.allaboutsensors.org/	24 hours of the day	Referrals for Senior Resources	Help you figure out what services you need Assist with long term care planning Explain eligibility for services Advocate for long term care residents Provide caregiver support Assist with insurance and legal paperwork	Seniors	Free	Contact for more information
Central Midlands Council of Governments Area Agency on Aging	236 Stoneridge Dr, Columbia, SC 29210	(803)376-5390 or toll free 1-866-394-4166	https://centralmidlands.org/about/aging-services-2.html	Mon - Fri 8 am - 5 pm	In-Home Services: meal delivery, home care. Legal assistance, insurance counseling, adult day care services, health and wellness, referrals, transportation, nutrition education	Call 866-394-4166	Elderly	Free	There will be several programs that you can look into call for more information

Irmo Chapin Recreation and Aging Commission (Council on Aging) Crooked Creek Park	1098 Old Lexington Hwy, Chapin, SC	(803)345-6181	www.icrc.net/activities	Mon - Fri 8:30 am - 4:30 pm	Information regarding programs for athletics, health and wellness, education, senior services, after school programs, therapeutic recreation, summer camps and special events	View the ICRC activity guide on the website	Anyone	Free	N/A
Irmo Chapin Recreation and Aging Commission (Council on Aging) Seven Oaks Park	200 Leisure Ln, Columbia, SC 29210	(803)772-3336	www.icrc.net/activities	Closed Mondays Tuesday - Sunday 7 am - 8 pm	Information regarding programs for athletics, health and wellness, education, senior services, after school programs, therapeutic recreation, summer camps and special events	View the ICRC activity guide on the website	Anyone	Free	N/A
Lexington County Recreation and Aging Commission (Council on Aging)	125 Parker St. Lexington, SC 29072	(803)-356-5111	www.lcrac.com/seniors	Mon - Fri 9 am- 5 pm	Meals on Wheels, Home Care, Legal Aid, Medical Escort, Medi-Loan Closet, Nutrition Sites	Call 803-356-5111	Seniors 60 yoa or older	Free	call for more information
SC Department on Aging	1301 Gervais Street, Suite 350 Columbia, SC 29201	(803)734-9900 or 1-(800)868-9095 (toll-free)	https://aging.sc.gov/about	Mon - Fri 9 am- 5 pm	Resources for legal assistance, family support, employment, senior centers, prevention and health promotion, insurance fraud, long term care, adult guardian ad litem	1-800-868-9095 or check website for resources	seniors	Free	call for more information